

Dermatology + Cosmetic Surgery.

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Mid Valley Dermatology and Cosmetic Surgery Center
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BOTOX

Before your treatment, we'd like you to take a moment to review the following information.

Botox is a biological product that interferes with the signal that nerves send to muscles and other organs. Since this signal must be received by the end organ for function to occur, the local injection of Botox will weaken the usual response in the treatment area.

The most commonly treated areas include:

- ◆ Frown lines between the eyebrows
- ◆ "crows feet" around the eyes
- ◆ forehead creases
- ◆ Other areas sometimes treated include the neck, corners of the mouth, under arms, hands and feet for treatments of excessive sweating.

The technique:

Botox is injected through an extremely small needle. There is typically minimal discomfort, lasting only a few seconds. To diminish pain, some patients prefer to apply ice. A topical anesthetic cream is also available at a minimal charge if desired.

Following Botox:

- ◆ To minimize swelling, it is helpful to apply ice at home and avoid strenuous activity.
- ◆ You may return to most normal activities immediately following the procedure.
- ◆ The treatment usually takes 2 – 10 days to take full effect.
- ◆ The benefits usually last 3 – 6 months, so that it generally requires 2-3 treatments per year to maintain the improvement produced by Botox.
- ◆ It is important to understand that movement of facial areas is the result of multiple muscle groups.
Botox treatment may not completely eliminate 100% movement in a treated area.
- ◆ If you are concerned about the effectiveness of your treatment, you must request a re evaluation within 2 weeks of the initial visit.

Possible Side Effects:

- ◆ No serious side effects associated with the cosmetic use of Botox have been reported.
- ◆ There can be a small amount of bruising that lasts only a few days.
- ◆ Slight drooping of the upper eyelid or eyebrow has been reported when nearby muscles are aggressively weakened.
- ◆ Headache has been reported in a small number of patients lasting 24-48 hours following treatment.

Botox may be used in conjunction with other procedures such as filling agents and laser.