

MID VALLEY

DERMATOLOGY & COSMETIC SURGERY CENTER

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LIQUID NITROGEN THERAPY

THE GROWTHS ON YOUR SKIN HAVE BEEN TREATED WITH LIQUID NITROGEN. THIS IS EXTREMELY COLD MATERIAL THAT PRODUCES AN INSTANTANEOUS INJURY TO THE SKIN. IT IS USEFUL FOR THE TREATMENT OF VERY SUPERFICIAL GROWTHS ON THE SKIN AND REQUIRES ONLY A MINIMAL AMOUNT OF ATTENTION FROM THE PATIENT.

SHORTLY AFTER TREATMENT, THE AREA WILL SWELL SLIGHTLY, DEVELOPING THE APPEARANCE OF A HIVE. SOMETIMES AN ACTUAL BLISTER WILL DEVELOP. WHEN POSSIBLE, THIS BLISTER SHOULD NOT BE DISTURBED AND THE FLUID SHOULD BE PERMITTED TO BE ABSORBED BY THE BODY. IN 24-48 HOURS, A SUPERFICIAL CRUST DEVELOPS. THIS CRUST SHOULD SIMILARLY NOT BE DISTURBED. AMONG THE ADVANTAGES OF THIS TYPE OF TREATMENT IS THE FACT THAT THERE IS VIRTUALLY NO AFTER CARE REQUIRED BY THE PATIENT. THE AREAS TREATED NEED NOT BE COVERED OR MEDICATED. PATIENTS MAY GET THESE AREAS WET IN THE BATH, SHOWER OR POOL. THE CRUSTS WILL SEPARATE AND FALL OFF SPONTANEOUSLY. THIS TAKES APPROXIMATELY FIVE TO SEVEN DAYS FOR THE AREAS TREATED ON THE FACE, APPROXIMATELY 14 DAYS FOR AREAS ON THE HANDS AND ARMS, AND 14-21 DAYS FOR THOSE AREAS ON THE TORSO AND LOWER EXTREMITIES. TYPICALLY, ANY PAIN LASTS FOR ONLY A FEW MINUTES. IF THERE IS ANY REDNESS, SWELLING, TENDERNESS OR PUS APPEARING 24 HOURS AFTER TREATMENT, PLEASE CONTACT OUR OFFICE.

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